

MEAL MODIFICATION

Federal law and USDA regulations require that schools make reasonable modifications to accommodate children with disabilities. Reasonable modifications to effectively accommodate children with disabilities will be made on a case-by-case basis. A meal modification must be related to the disability or limitations caused by the disability.

The YMCA SKY Academy Cafeteria staff will work with parents and students to provide appropriate and reasonable accommodation for students and will assist them in navigating the school environment according to the procedures developed for food allergies in schools.

Lifestyle choices (e.g., vegetarianism, dietary choices related to religious practices, etc.) are not considered disabilities.

Approved **Meal Modifications** forms are required for all students with dietary restrictions, food intolerances, and food allergies. The forms are available on the SKY Academy website and require a physician's signature to be valid.

Once completed, the Meal Modification form should be submitted to SKY Academy officials (e.g. school registrar, or principle).

Parents will be notified in a timely manner regarding the decision of their meal modification request and will have an opportunity to appeal the decision unburdened, if applicable.

Parents will be able to:

- File a grievance if they believe a violation has occurred regarding the request;
- Receive a prompt and equitable resolution of the grievance;
- Request and participate in an impartial hearing to resolve their grievances;
- Be represented by counsel at the hearing;
- Receive notice of the final decision and procedure for review (right to appeal the hearing's decision).